

Name of Licensee : Metro Broadcast Corporation Limited

Year : 2023

Programme Type : Current affairs programmes

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music, etc.)	Content / Objective of Programme	Broadcast Schedule
Life Is So Happy 原來生活好快樂	Metro Info	Cantonese	Talk Show	原來生活好快樂，除了每朝發掘本地以至世界新聞時事，亦會請來嘉賓主持分享環保、健康、歷史文化等話題；並加入多個全新環節，從音樂、網絡、旅遊等不同特色主題，比較或串連昔日和現今的變化，與聽眾在記憶與生活歷程中，找尋快樂泉源。	Jan - Dec
Roadmap to Knowledge Economy 財知大道	Metro Finance	Cantonese	Talk Show	在新經濟年代，每日網上網下無盡資訊從四方八面湧來。除了接收資訊之外，懂得選擇、分辨、分析並作出思考，方能將資訊化為知識。新城財經台《財知大道》每個早上搶先新鮮直送經濟動態、外圍市況、焦點話題，最貼地資訊，全方位傳送！ 節目更會透過主持精闢分析，以及邀請嘉賓專家，暢談城中熱話：由財金消息、時局變化、環球形勢，以至地產、教育等生活議題，幫助聽眾精準捕捉政經要聞真象，每朝一同踏上《財知大道》，沿途緊扣全城脈搏！	Jan - Dec
Where did the week go?	Metro Plus	English	Talk Show	It's a magazine format review of the week's news locally and abroad. With analysis by our host and comments on issues facing the people of Hong Kong, providing information for audience to have better understanding of surroundings.	Jan - Dec

MetroLand 新城地產街	Metro Finance	Cantonese	Talk Show	新城地產街是一個全方位雜誌式地產時事節目，在兩小時節目內，環節眾多，不時會邀請不同界別的嘉賓及政府官員，探討市民關心的議題，除分析樓市走向，探討地產政策之外，亦會就不同專業範疇提供意見，教育大眾，亦會探討保育，規劃及環保等議題。	Jan - Dec
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Name of Licensee : Metro Broadcast Corporation Limited

Year : 2023

Programme Type : **Current affairs programmes on National Education**

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music, etc.)	Content / Objective of Programme	Broadcast Schedule
National Education Segment 國事小專家	Metro Info	Cantonese	Informative	To enrich audiences of the latest developments of China	May - Dec

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Year : 2023

Programme Type : Programmes for young persons

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music etc.)	Content / Objective of Programme	Broadcast Schedule
Warm Welcome from him 謙仔有請	Metro Info	Cantonese	Talk Show	請來最 talk 得嘅朋友 talk 爆旅行、生活、電影、文學冷知識，上至天文 下至地理，放眼世界 解構生活！	Jan - Dec
Life is so Happy – (You are the Life Master) 原來生活好快樂 –(自主人生)	Metro Info	Cantonese	Talk Show	「生活點樣過，究竟係咪由自己話事呢？」通過和不同行業嘉賓分享他們的工作、生活、感情，讓聽眾明白也許我們不能完全主宰一切，但機會總是留給有準備的人，曾經走過的每段路不會白費，並且相信「一切都是最好的安排」。	Jan - Dec

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Programme Type : Programmes for senior citizens

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music etc.)	Content / Objective of Programme	Broadcast Schedule
Louise's Health Tips 新紀元健康檔案	Metro Info	Cantonese	Talk Show	逢星期日主持邀請專家為聽眾解答健康問題，分享保健心得，提高長者保健意識。	Jan - Dec
The Marathon In My Life 人生馬拉松	Metro Finance	Cantonese	Talk Show	主持每週邀請名人嘉賓接受訪問，旨在透過回顧其過往經歷，與聽眾一同發掘人生的意義，發揚百折不撓的精神；同時鼓勵大眾及早策劃退休生活，並助老友記建立健康生活態度，保持退而不休、老有所為、老有所學，令生活更充實、有意義，更豐盛、精彩。	Jan - Dec

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Programme Type : Programmes for children

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music etc.)	Content / Objective of Programme	Broadcast Schedule
Purple's Wonderland 紫昕有你 Wonderland	Metro Info	Cantonese	Talk Show	邀請不同專家，探討如何因材施教，讓小朋友發揮潛能。小朋友更有機會被邀請，親臨節目表演一展才華。 醫生，專家及營養師，會給各方面的身、心靈健康貼士，讓小朋友成為真正 Healthykids！ 主持會分享有趣兒歌，介紹特別樂器。同小朋友潮玩 IQ 遊戲。亦會訪問名人嘉賓，暢談童年趣事及親子心得。	Jan - Dec

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Programme Type : Arts and culture programmes

Programme Title (Chi & Eng)	Channel	Language	Format / Nature of Programme (e.g. drama, talk show, informative, music etc.)	Content / Objective of Programme	Broadcast Schedule
Feel the City 閱讀城市	Metro Finance	Cantonese	Talk Show	<p>多元化文化節目《閱讀城市》，每星期為聽眾帶來當月文化活動資訊，亦會透過專題訪問，深入介紹舞台表演、展覽、書籍、音樂、社區藝術等不同文化藝術範疇，讓聽眾對我們的城市有更深刻的認識。</p> <p>節目中更設有多個小環節，探討舊區重建、經典電影、兒童藝術等議題，將社會文化推而廣之，帶領聽眾細閱香港精神文化面貌。</p>	Jan - Dec
Doors To The World 世界隨意門	Metro Info	Cantonese	Talk Show	<p>「世」為時間，「界」為空間，相對亦相連。節目請來本地不同組織代表擔任嘉賓主持，帶聽眾穿越古今，遊走中外，暢談各地歷史、文化、藝術等，以聲音作為鑰匙，隨意打開無窮驚喜，用耳朵欣賞世界。</p>	Jan - Dec
Conversations	Metro Plus	English	Talk Show	<p>Language Music Arts three words that defines ones culture, ones life, ones community. On conversations, we feature and share different Insights, stories, and behaviors of people, places and events that encompasses the true culture of Asia and beyond.</p>	Jan - Dec