Annual Report on Compliance with the Positive Programme Requirement

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- (A) Children's Programmes (6 pages)
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(a) station-produced programmes :

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Kids, Think Big Think Big 天地 / Big Big 小明星	Jade	station-produced	4-12	educational / entertainment	It is an educational programme covering different aspects such as language, science, global education, creative arts, games or family activities. Through accessing a wide variety of knowledge in an interative way, not only can children's horizon be broadened, their creativity can also be inspired.	Jan-Dec
Gorilla Study Group 猩猩補習班	Jade	station-produced	6-12	educational / entertainment	It is an educational programme demonstrating how children can cook in a funny way. In the programme, children are guided by a professional adult chef to master various cooking techniques as well as create their own recipes with different ingredients. Patience and respect for food are nurtured.	Jan-Mar

Think Big 天地

兒童節目《Think Big 天地》、及《Big Big 小明星》配合 TVB 網上平台 big big channel 互動短片,鼓勵小朋友"THINK BIG",創新意念、跳出框框、快樂學習、勇於表達及樂於分享。

由於疫情關係,節目內容作出了部份調整,如下:

1) 「智」醒係邊個

每集邀請不同藝人嘉賓上來與一眾主持鬥智鬥力,拆解邏輯推理題。

2) THINK BIG 補習班

於網上 LIVE 中精選出精華月段於節目播出。內容為中、英、數、常識、STEM、 抗疫料理、營養學、趣味日語、分享抗疫貼士等等。

3) 英語無難度

由 Debbie 導師及 Think Big 的主持以趣劇形式教導小朋友一些簡單常見的英文生字,解釋生字的不同用法,如名詞、形容詞、動詞或諺語等等,由淺入深,幫助小朋友以有趣及活潑的例子了解英語。

4) 精顯小花魔幻任務

四個小朋友,二人一組,同心合力去接受精靈小花的考驗,完成多款遊戲,包括魔法試管、魔法蝴蝶層層叠及收集蛋糕材料等,加強小朋友的手眼協調、大小肌肉發展,並鼓勵團隊合作精神,互相支持完成任務。

5) 搶住嚟答通識比賽

由主持人去到各區學校和學生進行益智有趣的通識搶答比賽 ,除了可以增加知識外,亦考同學反應及合作精神,面對鏡頭勇於表達。

6) STEM 出創意

STEM=科學、科技、工程及數學。Think Big 配合教育局近年大力提倡的「STEM 教學」而製作此環節。主持們加上導師 STEM Sir,在日常生活中找出林林總總 STEM 的元素,再加以解釋。透過環節中創意思維活動,引起同學主動學習的興趣,讓同學多角度理解抽象的科學理念,達到強化傳意、探究、推測、邏輯推理、提升運用多種方法解決不同問題的能力。

7) 王子古堡歷險之旅

四位小朋友分成兩組,以比賽形式互相較量,透過參加各式小遊戲爭取好成績,奪得魔法寶石進入最後終極決戰,從而勝出比賽。過程中考驗小朋友智慧、眼界、勇氣、邏輯思維、應變能力及團隊合作精神。

8) Think Big 腦力戰

每集邀請不同嘉賓如張寶兒、陸浩明、麥美恩、梁嘉琪、譚永浩等,發問一些趣怪 IQ 題目,考考 Think Big 主持,看看他們腦筋如何急轉彎,答案全部出人意表、創意十足。嘉賓們與主持們的互動亦非常惹笑.希望小朋友在繁重的功課壓力中能透透氣,輕輕鬆鬆享受節目。

9) PATRICK SIR 爆趣英語逐個捉

由 Patrick Sir 及主持以爆笑短劇形式講解香港有趣俗語的英文,例如「瞓過籠」、「我 BUY 你」、「凍過水」。環節中會用五個例句說明,提高小朋友的英語寫作技巧及豐富他們的英語詞彙。

10) 我都畫得到

由創意畫家 Eric Sir 教導小朋友用簡單明快的線條畫出可愛的圖畫,鼓勵同學跳 出框框,激發無限可能。

11) Think Big 之森探險團

兩組小朋友在森林廠景中接受由主持馬俊傑扮演的酋長派出多個遊戲挑戰,提升手眼協調、大小肌肉發展、專注力及環保知識,從而獲得 Think big 探險家的榮譽。此環節希望令小朋友多點關心日益嚴重的污染及氣候問題。

2020年,由三月開始改為星期一至日播映,新增内容如下:

1) BIG BIG NEWS

由小明星、小演員、各 THINK BIG 主持,以類似新聞報導的形式,每天為小朋友送上有趣及內容富教育意義的全球新聞趣聞,令小朋友就算足不出戶都能知天下事。

2) KIDS VIP

由小演員聯同周奕瑋、PATRICK SIR 以專訪形式訪問一眾城中名人或各個界別的成功人仕,如沈祖堯、梁榮武、黎青龍、黃金寶、BOB、陳展鵬等等。小朋友可以透過重量級嘉賓分享的人生經驗學到書本上學不到的東西。

3) 冷知識 QUIZ

每次由不同的冷知識組成一個故事,小朋友參與其中的選擇題,在遊戲中學習。

4) KIDS THEATRE

由家庭觀眾小朋友創作劇本,再交給藝人哥哥姐姐親身演繹,讓小朋友發揮創意而且娛樂性豐富。

5) **TED**

每集由成功人士嘉賓分享一些學術性或實用性的知識,教授給小朋友。

Big Big 小明星

節目集合創新、音樂、知性、趣味等元素,每個星期六為大家帶來破格、有趣的環節,包括:「小小偶像 MV」,展示潮流童裝;「開心 Share」,透過 Big Big 神祕箱,將網路熱爆的開箱題材昇華,讓小明星們盡情發揮;邀請明星嘉賓齊齊玩「小明星傾下偈」,互爆軼事趣聞顯口才;「Big Big 小廚房」教大家自製簡單又有「營」的小料理,鼓勵小朋友加強自理能力;還有一些古怪新穎益智小遊戲,啟發小朋友創意思考,訓練解難能力及大小肌肉協調。

節目中更會加插「BIGBIG 大明猩」既惹笑又富教育意義短片,讓小朋友潛移默化,學懂禮貌、守時、同理心等德育知識。

猩猩補習班

本輯《猩猩補習班》繼續由女廚神韋兆嫻(Denice)領軍,指導《我 係小廚神》脫穎而出的參賽者,包括杜沛熹(Hayden)、黃柏軒(Bryan)、 招穰(Summer)、孫千平(Rhea)、揭詠芯(Kit)、譚曉琳(Janice)及 蔡愷桐(Selina)等小廚神在「猩猩廚房」上各顯神通,炮製一道道精 采的佳餚。小廚神亦要在烹飪過程中嘗試加入創新元素,並透過接觸 不同的食材及烹飪技巧,擴闊廚藝眼界,為將來成為廚藝達人作出準 備。

「Denice 教室」為小朋友介紹各項與烹飪有關的實用知識,助你踏上「小廚神」之路。

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
The Queen's Corgi 女皇哥基大冒險	Jade	overseas	4-16	feature		Jan
Chibimaruko Chan (II) 樱桃小丸子	Jade	overseas	4-12	animation		Jan
Yokai Watch (III) 妖怪手錶	Jade	overseas	4-12	animation		Jan-Mar
Rilu Rilu Fairilu (II) 花漾精靈	Jade	overseas	4-12	animation		Jan
Ninja Boy Rantaro (XXII) 忍者亂太郎	Jade	overseas	4-12	animation	These are essentially entertainment programmes for children. Not only do	Jan-Feb
Butt Detective (II) 屁屁偵探	Jade	overseas	4-12	animation	they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the	Jan-Apr
My Little Pony (IX) 小馬寶莉	Jade	overseas	4-12	animation	young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life	Jan
TITIPO TITIPO 小火車迪迪寶	Jade	overseas	4-12	animation	neip reinforce the positive values of file	Jan-Mar
Kaasan Mom's Life/ Kaasan Mom's Life (II) 每日媽媽	Jade	overseas	4-12	animation		Jan,Mar-Jun,Oct-Dec
Beyblade Burst G 爆旋陀螺 擊爆戰魂 · G	Jade	overseas	6-16	animation		Jan-Jun
Pororo The Little Penguin/ Pororo The Little Penguin VI 冰鎮企鵝仔	Jade	overseas	4-12	animation		Jan-Mar,Dec

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Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Anpanman 麵包超人	Jade	overseas	4-12	animation		Jan-Jun
Lupinranger vs Patranger 快盗戰隊VS警察戰隊	Jade	overseas	6-16	children live	These are essentially entertainment programmes for children. Not only do	Jan-Feb
School Babysitters 湊B同學仔	Jade	overseas	4-16	animation	they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the	Jan-Mar
Bakugan Battle Planet 爆丸 星域爭霸	Jade	overseas	6-16	animation	young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Jan-Jun
Modoo Modoo Show 布公仔遊樂團	Jade	overseas	4-12	animation	help remotes the positive values of the.	Jan-Jun
Semi in Magic Cube/ Semi in Magic Cube (II) 精算小魔女	Jade	overseas	6-16	animation	It is an educational programme that shows children how to tackle math problems by means of an intriguing storyline The story tells the tale of Semi, a bright girl who goes in a magical time journey with the genius teacher Wai, in order to prevent the evil X from utilizing the powers of the magic cube for evil. Along the way, Semi and her math school friends run into history and math problems that they must solve with logic and wit.	Jan-Apr,Sep-Dec
Bodypedia 體·真啲	Jade	overseas	4-12	children live	It is an award-winning children programme that presents a unique perspective on the human body. Each episode is made up of 1- to 4-minute segments, some of them animated, others using subtle comedy to draw audiences into the beautiful and amazing world inside all of us, exploring various body parts or system like the kidneys, lungs, DNA, nervous system and immune system, etc.	Jan-Mar

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Little Battlers Experience 紙箱戰機	Jade	overseas	4-12	animation		Jan-Mar
Happiness Charge Pretty Cure 幸福爆發!光之美少女	Jade	overseas	4-12	animation		Jan-Jul
Chibi Maruko Chan TV Drama 櫻桃小丸子	Jade	overseas	4-15	children live		Feb-Jun,Sep-Dec
Pikaia! (II) 你考古嗎?	Jade	overseas	4-12	animation		Feb-May
If I Were an Animal 動物講咩話?	Jade	overseas	4-12	children live	These are essentially entertainment	Feb-Dec
New Ninja Hattori (II) 忍者小靈精	Jade	overseas	4-12	animation	programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also	Feb-Mar
Inazuma Eleven: Orion no Kokuin 閃電十一人 獵戶座的刻印	Jade	overseas	6-16	animation	stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which	Feb-Aug
PinCode 爆趣科學Pin碼	Jade	overseas	6-16	animation	help reinforce the positive values of life.	Mar,Jun
Ryusoulger 騎士龍戰隊	Jade	overseas	6-16	children live		Mar-Dec
Pleasant Goat and Big Big Wolf - Pleasant Goat Fun Class/ Pleasant Goat and Big Big Wolf - Pleasant Goat Fun Class (III) Pleasant Goat and Big Big Wolf - Pleasant Goat Fun Class (IV) 喜羊羊與灰太狼之智趣羊學堂	Jade	overseas	4-12	animation		Mar-Jun,Sep,Nov

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Digimon Universe App Monsters 數碼暴龍App世代	Jade	overseas	6-16	animation		Mar-May
Magical Circle - Guru Guru 咕嚕咕嚕魔法陣	Jade	overseas	4-16	animation		Mar-Apr
Ninjago Masters of Spinjitzu (V)/ Ninjago Masters of Spinjitzu (VI) 旋風忍者	Jade	overseas	4-16	animation		Mar-May,Aug-Oct
Doraemon The Movie - Nobita and the Birth of Japan 2016 多啦A箩: 新.大雄之日本誕生	Jade	overseas	4-16	Feature	These are essentially entertainment	Apr
Doraemon The Movie - Nobita and the Great Adventure in the Antarctic in Kachikochi 多啦A夢: 大雄之南極凍冰冰大冒險	Jade	overseas	4-16	feature	programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the	Apr
Yokai Watch the Movie: A Whale of Two Worlds 電影版 妖怪手錶 飛天巨鲸與兩個世界的大冒險喵!	Jade	overseas	4-12	Feature	young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Apr
New Doraemon/ New Doraemon (VI) 多啦A夢	Jade	overseas	4-16	animation		Apr-Dec
Cardcaptor Sakura: Clear Card Arc 百變小櫻Clear咭	Jade	overseas	4-16	animation		Apr-May
Zoids Wild Zero 索斯機械獸 激戰本能 ZERO	Jade	overseas	6-16	animation		Apr-Dec

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Cat's Eye Science: Experiments from a Cat's Perspective/ Cat's Eye Science: Experiments from a Cat's Perspective (II) 喵星人看世界	Jade	overseas	4-12	children live	If we look around our immediate surroundings with curiosity, everything is fascinating. In this programme, children are encouraged to look at things as the way cats do - cautiously observant and curious. Observing with a cat on the screen, simple experiments are performed to strive for "science by observing and discovering" rather than "science by explaining" as well as the importance of observation.	Apr-Sep
Animal All-Stars 動物有問題	Jade	overseas	4-12	children live		May-Aug
Bobby & Bill 波比3兄弟	Jade	overseas	4-12	animation	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also	May-Aug,Oct,Dec
Gundam Build Divers 高達創戰潛行者	Jade	overseas	6-16	animation	stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which	Jun-Jul
Transformers Cyberverse (III) 變形金剛 斯比頓傳奇	Jade	overseas	6-16	animation	help reinforce the positive values of life.	Jun-Sep
Go Astro Boy Go! GO! 阿童木	Jade	overseas	4-16	animation	The story follows 8-year-old Astro who lives in a world that needs heroes but not to battle evil robots. It's the welfare of the planet that's at stake. Whatever the trouble - be it man-made or natural - Astro evaluates it and responds to it in superhero style. Every story has high stakes and resonates with natural science themes such as environmental balance and diversity, dust storm, water erosion, planet formation, etc. The ultimate goal of this program is to encourage children to foster understanding, appreciation, and respect of others and the natural habitats that make up our world.	Jun-Dec

Programme Title	Channel	Production Source	Age Target	Format <i>I</i> Nature	Content / Objective	Broadcast Schedule
Chi's Sweet Adventure 甜甜私房貓	Jade	overseas	4-12	animation		Jun-Jul
Beyblade Burst Superking 爆旋陀螺 擊爆戰魂・超王	Jade	overseas	6-16	animation		Jul-Dec
Stoneage 恐龍的石器時代	Jade	overseas	4-12	animation		Jul-Dec
Bakugan Armored Alliance 爆丸 装甲聯盟	Jade	overseas	6-16	animation		Jul-Dec
Monkie Kid - A Hero is Born 悟空小俠之誕生篇 劇場版	Jade	overseas	4-16	animation	These are essentially entertainment programmes for children. Not only do	Jul
Pripara (IV) 星光樂園IV	Jade	overseas	4-12	animation	they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the	Jul-Dec
Keroro KERORO 軍曹	Jade	overseas	4-12	animation	young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Jul-Oct
Jewelpet (VII) 寶石龍物VII	Jade	overseas	4-12	animation	Help reinforce the positive values of the.	Jul-Sep
The Little Farmer Rabby 小農夫拉比	Jade	overseas	4-12	animation		Aug,Nov
Yowamushi Pedal (II)/ Yowamushi Pedal (III) 飆速宅男	Jade	overseas	6-16	animation		Aug-Dec
Animal Babies: Mini Album BB動物來了	Jade	overseas	4-12	children live		Sep-Dec
BB動物來了						

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Gaspard and Lisa 卡斯柏與麗莎	Jade	overseas	4-12	animation		Sep-Nov
Chibimaruko Chan 30th Comic Anniversary SP 樱桃小丸子 歡樂四重奏	Jade	overseas	4-12	animation		Oct
Chibimaruko Chan 1000 SP 樱桃小丸子 第1000件心事	Jade	overseas	4-12	animation		Oct
Monkie Kid 悟空小俠	Jade	overseas	4-16	animation	These are essentially entertainment	Oct-Dec
Your Lie in April 四月是你的謊言	Jade	overseas	6-16	animation	programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the	Nov-Dec
How to Keep a Mummy Kawaii木乃伊	Jade	overseas	6-16	animation	young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Nov-Dec
Shinkalion 新幹線戰士	Jade	overseas	4-16	animation		Dec
Flowering Heart 變身少女花啦啦	Jade	overseas	4-12	animation		Dec
Mcdull - Me & My Mum 麥兜我和我媽媽	Jade	overseas	4-16	feature		Dec

Programme Title	Channel	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Amazing Animals - Cute Animals 奇妙的動物	Jade	overseas	4-12	children live	It is a popular science programme illustrating the life of various animals, commonly-known or rare, and their habitats. In each episode, children are invited to embark on a journey into exotic places like the ocean, rainforests, wildlands, etc to meet the amazing animals and discover the fun and fascinating facts about them How do polar bears swim? Why do crocodiles "cry"? Which marine animals like to "sing"?	Dec

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
House Of Lad #一屋後生仔	Jade	station-produced	magazine / informative	It is a talk show in which a group of young people gather leisurely to discuss and share their opinions on the current topics or trends amongst teenagers on the internet, at school and in the society at large.	Jan-Dec
Dancesport Girls 舞動少女團	J2	overseas	drama	Eight high school girls are not from rich families but with a passionate teacher they are into sports dance. While most students at their age study hard for university entrance or getting jobs, they chase their dreams in dance competitions. This drama shows the importance of life enjoying the very best moment of now.	Jan-Feb
Mix MIX	J2	overseas	animation	Tachibana Touma and Toichiro, who became brothers in the same year due to their parents' second marriage, joined the senior Uesugi Tatsu and did not go to Koshien after they left. The Meiqing Academy Baseball Club, whose conditions are extremely depressed, aims to join Koshien again.	Feb-Apr
We are Rockets! 高校啦啦隊	J2	overseas	drama	Wakaba is a 2nd grade high school student in Fukui Prefecture, Japan. When Wakaba was little, she admired the cheerleading club "JETS" from Fukui Chuo High School in Fukui Prefecture. She dreamed of joining the "JETS," but she thought it was impossible for her to join and enrolled at another high school. One day, a transfer student from Tokyo talks to Wakaba and proposes "let's do cheer dance together."	May-Jul

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
High School Lunch Cook Off 高校供餐王	J2	overseas	variety	High school students across South Korea compete to create the best school lunch. With Chef Baek Jong Won as their guide, which team will get crowned as the best high school chefs?	Jul-Oct
Haikyu!! (IV) 排球少年IV	J2	overseas	animation	In the spring, the high school volleyball Miyagi prefecture won the qualifiers and finally realized the Kurano High School volleyball club that played in the national competition. Just as they were preparing for the national competition, there was news that Kageyama had been convened by the All-Japan Youth Strengthening Group. Tsukishima was also called by the Miyagi Prefecture's first-year selection to strengthen the group.	Nov-Dec

#一屋後生仔

《#一屋後生仔》由一眾後生仔主持及 KOL 主導,真真正正由他們自行決定一個 適合後生仔欣賞的年輕人節目。除了一貫主題式傾偈,亦會不定期加入由眾人決 議加入的環節,包括:

1) 〈一本巧書〉

由主持陸浩建議的環節。每次由後生仔推薦一本好書,與大家分享當中的得著!

2) 〈後生仔試新嘢〉

由 KOL Kelvin 建議的環節。坊間經常有不同的年輕人新場地、新玩意、新科技出現,一眾「乜都肯試」的後生仔,將會為大家盡試盡玩!

3) 〈後生仔手作坊〉

由 KOL Alston 和 Kosa 建議的環節。由於 Alston 乃一位手作達人,對 DIY 手工藝品甚有研究,他會聯同同樣為手作 KOL 的 Kosa,一起教年輕人自家製手作工藝,又平又靚又有心思!

4) 〈乜都唔好做〉

由主持馮盈盈建議的環節。後生仔活動多多有時停,經常 24 小時處於活動 Mode, 其實,大家有時都需要靜一靜,慢活一點,讓自己放空一下!而最嘈最忙的盈盈, 建議節目不如開設一個短時間的放空環節,讓年輕人學習如何冥想休息,試試給 自己真真正正的靜下來。

5) 〈點至算環保?〉

由 KOL 欣茵建議的環節。整個世界正在提倡環保生活,到底在香港,如何才可以 過讓自己環保一點?後生仔會到不同地方,或尋找一些相關產品,學習一下如何 令自己更環保,一起為拯救地球出一分力。

6) 〈後生仔教你嘢〉

由 KOL Tiffany 建議的環節。節目的後生仔各有所長,有人識跳高,有人玩瑜伽,各人會以自己的所長,不定期開班,為觀眾傳授心得!

7) 〈你邊度嚟架?〉

由 KOL Sandy 建議的環節。香港是一個國際大都會,有來自世界各地不同文化的 族裔,我們會不定期邀請外地朋友,透過現場傾偈,或走入他們的生活環境,了 解他們如何融入香港生活,同時亦認識他們的文化。

以上環節,將會不定期於節目中出現,同時,主持和後生仔 KOL 亦會繼續加入更多新環節,令節目更貼近年輕人的話題和生活!

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Happy Old Buddies 快樂長門人	Jade	station-produced	enrichment / magazine / informative	In this Monday-to-Saturday mini-programme, the host is joined by experts of different sectors to introduce to senior citizens general healthcare tips (e.g. herbal medicine knowledge) as well as updated social & welfare information for the elderly.	Jan-Dec
Revel In Retirement 無출不有	Jade	station-produced	enrichment / magazine / informative	As the population is aging in Hong Kong, people are more concerned about their retirement plans. In this programme, various issues including housing, social activities, healthcare, financial planning, etc for the retired are explored in order that people can better prepare for their second stage of life with a positive and active mind.	Jan-Dec
Oops! We Forgot Your Order 「者」妙餐廳	TVB Finance & Information Channel	overseas	enrichment / informative	從早期阿茲海默症患者的角度看人生,教他們經營餐廳,然後放手 讓他們自由發揮,嘗試打破人們從傳媒的負面描述,對患者產生的 偏見,希望在韓國的七十萬名患者能獲得社會的接納,讓智慧帶領 我們去跟他們相處。	Jan - Feb
Forget Me Not Café 忘不了餐廳	TVB Finance & Information Channel	overseas	enrichment / informative	由三位名廚及五名有輕度認知障礙的老年服務生一同組成忘不了家族,在深圳共同經營一間中餐廳。	Feb - Sept

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Wanderlust (VI) 悠長假「耆」VI	TVB Finance & Information Channel	overseas	enrichment / informative	Wanderlust is a travel documentary series that is slightly different from usual travel shows. We have a theme for each episode and we are trying to provide as many interesting knowledge as possible to our audiences. By 'knowing', we believe we can close the gap between people from different cities, nationalities and races eventually. The world is huge and beautiful, yet life is so short, we should see more and enjoy our life more.	Sept - Nov
Blue Zones of Longevity, The 長壽之境	TVB Finance & Information Channel	overseas	enrichment / informative	一位自然療法廚師和家庭醫生試圖破解被稱為「藍色地帶」中,4個地區的居民,長壽又健康的原因。從生物學,遺傳學,社會聯繫,環境,體育鍛煉和飲食等方面,去回答「甚麼是藍色地帶居民長壽的秘密?」的問題。	

快樂長門人

節目主持

李漫芬、張美妮、關宛珊、岑杏賢

節目播放時間

星期一至五早上九時五十分、星期六早上九時正

節目宗旨

香港人的人均壽命全球排名最高。節目為六十歲或以上長者,提供各類型的起居飲食、健康醫療、科技、家庭社交、財務策劃、福利優惠等資訊,協助他們生活得更輕鬆愉快。

主持透過與嘉賓傾談、講解和示範,希望長者家人、護老者、相關從業人員,能更全面認識長者的需要。

節目内容

1) 營養飲食知識

中西醫以及營養師詳細分析長者應如何留意自己飲食與健康。例如:素食貼士、怎樣攝取適量蛋白質、何謂超級食物。

2) 中西醫療資訊

▲ 中西醫生、醫務專業人員,物理治療師、臨床心理學家等講解常見疾病的 預防、病徵、病變、後遺症和病後護理等。

例如:面癱、動脈撕裂、置換膝關節術後護理、避免肌肉流失。

▲ 介紹最新治療方法

例如:流感疫苗注射、新療法醫治前列腺癌、慢性呼吸衰竭的家居治療。

▲ 邀請註冊藥劑師講解藥物標籤、藥物知識、服用和存放正確方法 例如:正確使用薄血藥、仿製藥物的利弊、如何處理藥餘。

3) 疫情下如何強身健體

- ▲ 邀請中醫介紹增強抵抗力的湯水
- ▲ 邀請物理治療師介紹在家運動的簡單方式

4) 探討長者問題

分析長者面對的各類常見和新增問題。

例如:長者創業、如何為子女置業、面對空巢症候群、儲物癖。

5) 養生護理和生活新知

▲ 邀請有關專家講解各類養生護理專題

例如:生活錯誤姿勢、運動健腦、冥想催眠放鬆法、長者如何照 顧過渡活躍症的孩童。

▲ 生活新知專題

例如:養寵物的好處、打麻雀可防腦退化、為腦儲備增值。

6) 長者福利

邀請政府、學術界、老人權益關注團體、商業和社福機構等講解一些與長者有關的福利權益。

例如:如何選擇安老年金、自願醫保計劃、立遺囑注意事項。

7) 文娱康樂

▲ 鼓勵長者「活到老、學到老」

例如: 日行萬步、水中運動、深蹲。

▲ 學習怡情養性的各種興趣才藝

例如:布藝、書法、和諧粉彩

8) 數碼新知

▲ 鼓勵長者學用電子錢包、防範網上被騙

▲ 教導數碼科技如何今生活更便利

▲ 利用簡單手機遊戲減緩認知障礙

無耆不有

節目主持

蘇墁鈺

節目播放時間

星期六早上九時十分

節目宗旨

人口老齡化,是全球也要共同面對的問題,有預測指,本港 65 歲或以上的人口將會大幅上升,至 2036 年,平均每三個人便有一個是長者。這群初老一族,將會成為香港社會上一大族群。節目除了探討香港,以至世界各地,人們如何面對退休階段所遇到的挑戰及問題,也會分享不同長者的退休生活、各種迎接第二人生的精彩活動。節目亦會介紹各種的安老小法寶,由養生飲食至樂齡科技,教你及早做好退休生涯規劃和享受老年生活。

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Art and Culture Magazine 藝文誌	Jade	station-produced	enrichment / informative	It is a magazine programme that features upcoming arts and cultural events in town including behind-the-scene stories and interviews with artists.	Jan-Dec
Discover Kyushu 零藝九州	Jade	overseas	enrichment / informative	This programme takes the audience onto a cultural journey in the southern part of Japan, Kyushu. By visiting different historic sites or architectures like the Nakatsu Castle and Komo Shrine and participating in the traditional festivals like the Bamboo Candle Festival and Hina Doll Festival, stories of the rich history and culture of this magnificient island are told.	Jan-Apr
Wonders of Men 朝聖地	Jade	overseas	enrichment / informative	This programme, set in the present day, is about discovering some of the world's most beautiful and sacred monuments, from Italy to Hungary via France, and on to India, Tunisia and Burma. In each episode we spend a day at one of the monuments and learn about its history and architecture, the rituals practiced there, and the people who take care of it.	Apr-Jul
Art Lane 藝遊巷弄	Jade	station-produced	enrichment / informative	In the many hidden alleys of Taiwan, masters of extraordinary handicrafts create their own world of arts. This programme follows the artists of glass, leather, paper cutting, calligraphy, embroidery, photography, woodworks, etc to discover how they practice and implement their enchanting skills of arts into their living as a whole.	Aug-Sep
Taiwan Built In A Day 十築台灣	Jade	station-produced	enrichment / informative	Amidst rapid development and modernization of the urban city, Taiwan is known for its old architectures that tell the stories of its immense culture and arts history. The host travels through this beautiful island to explore and appreciate the unique characteristics of the historic buildings.	Sep-Nov
A Taste of Festival 節慶·風味	Jade	overseas	enrichment / informative	Singapore is a multi-racial society with countless festivals. The programme features how people prepare and celebrate the festivals as well as their food culture – how they cook and make use of festive dishes to convey their feelings.	Nov-Dec

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
The Nutcracker 胡桃夾子	Jade	independent (Hong Kong origin)	stage show	A true holiday ballet for the entire family, "The Nutcracker" is the perfect way to experience the magic of Tchaikovsky's timeless score and introduce children to the power and beauty of classical dance. Join Clara and Fritz on their unforgettable journey as they valiantly battle the villainous Rat King, and the Nutcracker Prince and his Ballerina love reunite in a breathtaking final pas de deux.	Dec
Flavors 細味文明	TVB Finance & Information Channel	overseas	enrichment/ infomative	Discover the richness, magic and beauty of some of the world's most sought after destinations: their natural wonders and outstanding monuments, their handicrafts and breathtaking landscapes. FLAVORS is a memorable journey into the traditions and history of countries everyone is dreaming of visiting.	Jan
Making Marvels (II) 巨匠	TVB Finance & Information Channel	overseas	enrichment / informative	雙胞胎兄弟開設的工作室、讓建築師、設計師和藝術家發揮創意、塑造 巨型公共藝術品。一連三集的節目、看他們怎樣挑戰難度,跟創作隊員 合作、選擇位置與物料、令每一件藝術品都能滿足客戶的期望。	Jan - Feb
Celebration Nation 佳節	TVB Finance & Information Channel	overseas	enrichment / informative	節日是中國人生活中的濃烈印象·這些日子接承傳統與文明·代代相傳 ·與華人世界魂脈相牽。此節目將看到中國人對文化的傳承·對生活的 熱愛·對宗族、禮法和家庭的重視。	Feb
Heritage 古跡可尋	TVB Finance & Information Channel	overseas	enrichment / informative	除了UNESCO世界遺產清單之外, 還有一份鮮為人知的暫時名單, 當中包括超過1500個地點。一起前往危地馬拉、肯尼亞、黎巴嫩等國家, 看一群熱心的工程師、教師、考古學家和義工等等, 努力保護國家的遺產。	Feb - Apr
Chopsticks! Diversifying the World 起筷	TVB Finance & Information Channel	overseas	enrichment / informative	講述筷子這種餐具的起源,及其發展史。走訪不同國家及城市,了解筷子對東亞各國的餐飲文化,民俗發展的影響。	Apr
Flavors 細味文明	TVB Finance & Information Channel	overseas	enrichment / informative	Discover the richness, magic and beauty of some of the world's most sought after destinations: their natural wonders and outstanding monuments, their handicrafts and breathtaking landscapes. FLAVORS is a memorable journey into the traditions and history of countries everyone is dreaming of visiting.	Apr - Sept
Bright Torch 璀璨薪火	TVB Finance & Information Channel	overseas	enrichment / informative	紀錄片《璀璨薪火》耗時三年記錄上百項中華民族珍貴的非物質文化遺產·尋訪上百位當代手藝·借此讓更多人去認識和理解幾千年來中國人的文化內涵與獨特韻味。	Sept - Nov

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Path of Men 文明的軌跡	TVB Finance & Information Channel	overseas	enrichment / informative	This series combines the geographical, historical, cultural and sociological discoveries with mythical roads cleared by adventurers or mapped over time by civilizations, explorers, conquering states, itinerant merchants.We follow the great trajectories forged by man driven by geology, raw material or green wealth.	Nov - Dec
Ji Zhu Xiang Chou (V) 記住鄉愁	TVB Finance & Information Channel	Local	enrichment / informative	《記住鄉愁》是中央電視台大型紀錄片·攝製隊透過走訪中國多個古鎮和古村落·細訴動人的鄉土故事·欣賞各村落的特色建築和美麗景色·重溫村民世代遵循的家規祖訓·了解少數民族的風土人情·並探討中國的傳統文化。	Jan - Feb
Nebuta: Floats of Dreams 青森睡魔燈籠祭	TVB Finance & Information Channel	overseas	enrichment / informative	青森睡魔燈籠祭令日本北部短暫的夏天熱鬧起來·每年吸引250萬人來參觀。這個有三百年傳統的節慶活動·主角是以英雄和歷史人物為題材的巨型燈籠。一對親手製造燈籠的父女·要跟對方比高下·爭奪今年的大獎。	Feb
Seiji Ozawa Return to Japan 大師的風采・小澤征爾	TVB Finance & Information Channel	overseas	enrichment / informative	現年80多歲的小澤征爾是世界其中一位最著名的指揮家。小澤征爾以艱苦不懈的努力追求完美無瑕的音樂,不是為了自己,而是為了跟大眾分享。	Feb
Great Art 大藝術家	TVB Finance & Information Channel	overseas	enrichment / informative	在全世界多個最大型的藝術展覽上實地拍攝, 以這創新的手法, 讓所有愛好藝術人士一同欣賞和讚美其中一些史上最偉大畫家的作品。	Mar
Great Art (II) 大藝術家	TVB Finance & Information Channel	overseas	enrichment / informative	在全世界多個最大型的藝術展覽上實地拍攝, 以這創新的手法, 讓所有愛好藝術人士一同欣賞和讚美其中一些史上最偉大畫家的作品。	Apr - May
Great Art (III) 大藝術家	TVB Finance & Information Channel	overseas	enrichment / informative	在全世界多個最大型的藝術展覽上實地拍攝, 以這創新的手法, 讓所有愛好藝術人士一同欣賞和讚美其中一些史上最偉大畫家的作品。	May - June
Ji Zhu Xiang Chou (VI) 記住鄉愁	TVB Finance & Information Channel	overseas	enrichment / informative	《記住鄉愁》是中央電視台大型紀錄片、攝製隊透過走訪中國多個古鎮和古村落、細訴動人的鄉土故事、欣賞各村落的特色建築和美麗景色、重溫村民世代遵循的家規祖訓、了解少數民族的風土人情、並探討中國的傳統文化。	June - Oct

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Traces of the Soul 書藝名家	TVB Finance & Information Channel	overseas	enrichment / informative	'Traces Of The Soul' is a feature documentary exploring the art form of calligraphy through the eyes of 12 leading contemporary artists. Spanning a variety of cultures, the documentary shows the extraordinary skill of the calligraphic artists, and also reveals the personal philosophies underlying their remarkable work.	Nov
Colours of China, The 色彩中國	TVB Finance & Information Channel	overseas	enrichment / informative	中國哲學觀「五行」有各目所屬的顏色·分別為紅、黑、青、黃、白。《色彩中國》將會朝這五色所代表的五個方位出發·欣賞壯麗的山河之餘·亦帶大家了解·各地的社群和文化·如何交織出一個多元、多彩的中國。	Nov - Dec
Secrets of the Museum 藝術背後有段故	TVB Finance & Information Channel	overseas	enrichment / informative	In this series, cameras were allowed behind the scenes at the world- renowned Victoria and Albert Museum in London. We follow experts and conservators at work in this treasure trove of Britain's favourite objects, as they breathe new life into fragile marvels, uncover hidden stories, and battle to keep the past alive.	Dec

藝文誌

「藝文誌」是 TVB 新聞及資訊部於 2020 年全新推出的半小時文化節目,逢星期日早上九時至九時三十分在翡翠台播出;內容專門介紹本地不同藝術模式及文化領域的面貌,當中會專訪藝術家及創作人才,講解各類傳統藝術、工藝或創意藝術發展,期望觀眾可藉由節目一窺某類種文化、藝術的全貌。

曾拍攝的內容包括:豎琴、二胡、紮染、漫畫、陶瓷、歌劇、書法、版畫、弓道、 古筝、互動裝置、空中瑜伽、立體畫、插畫、茶文化、園藝、新派旗袍等。

訪問嘉賓:視每集內容而定,一至數位皆可

内容: 每集 22-23 分鐘, 分為兩節

- 1. 集會由藝人主持,與受訪者互動,協助觀眾了解有關藝術內容
- 2. 講解某藝術模式(包括歷史源頭、風格、特色及發展等)
- 3. 拍攝實際操作、示範等過程
- 4. 亦有以報導藝文活動的方式呈現

藝遊巷弄

沒有一件藝術品,是由一雙乾淨無傷的手製成。《藝遊巷弄》每集深入探訪隱身在台灣巷弄之間的藝術家,如採集藝術家、玻璃藝術工作者、皮革藝術家、剪紙創作者等,貼身記錄他們的一身寶貴技法,以及靈光乍現與低潮暗湧的生活。節目細看這些藝術家如何在地學習,與自然共生,以及他們透過作品表述世人生活的多元維度。

十築台灣

台灣近年的建築物越趨新式、現代化,在不斷的迅速發展下,不起眼處或一些歷史悠久的建築,更能夠突顯獨有的文化價值。走進文青巷弄、眷村、古舊的建築物「打卡」的同時,大家對那片地方、建築的背景、故事又有多少了解?主持牟韻潔(小牛)帶大家遊走台灣不同地方,探索寶島歷史建築群與新建築的城市角力。細心欣賞,便會發掘台灣多元化的建築特色,而特色建築物亦再不止是「#Hashtag」及「打卡熱點」!

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Sunday Report 星期日檔案	Jade	station-produced	documentary	This weekly programme focuses on the latest feature stories and news figures in Hong Kong. By observing and interviewing different sectors of the society, public concerns about the political, social and welfare issues are explored from a humane point of view.	Jan-Dec
News Files 新聞檔案	Jade	station-produced	documentary	This mini programme recaps the news segments dating as far back as the 1970s with the current news and happenings in Hong Kong as reference, highlighting not only the progress and changes in the social environment but also the style of news coverage.	Jan-Dec
International News File 環球新聞檔案	Jade	station-produced	documentary	International News File clips and assembles important and intriguing news archives from around the world. It not only broadens the audience's horizon, but also encourages the audience to look at the world from a different and comprehensive angle by comparing the past and the present.	Jan-Dec
The Glory Of Belt And Road 一帶一路多精彩	Jade	station-produced	documentary	In this mini programme, the host leads the audience down the "Belt and Road" map, exploring the countries along the road by looking at the people's lives, their culture and the development of economic and tourism in the society, etc.	Jan-Apr
Tipping Point 地球有問題	Jade	overseas	documentary	Human intervention on the environment is pushing what was once a harmonious balance between Man and Nature to a precarious tipping point. This programme investigates three critical environmental issues: water, food & power resources, and illustrates the severe exploitation by human activities, and what can be done in order to reverse the damage to create a sustainable future.	Jan

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Nature Wonder Land (XIII) 大自然的日常	Jade	overseas	documentary	This unique nature series uncovers the fascinating stories of a wide range of animals in the farthest reaches of Africa, Asia, Americas and Europe. Audiences will enter the worlds of creatures rarely seen before and marvel at their power and beauty.	Jan-May
Global View 世界觀	Jade	station-produced	documentary	In this programme, up-to-date topics that are of the most importance or most controversial are selected and analyzed from various perspectives to encourage the general public's awareness and independent thinking of the current issues in the world.	Mar-Dec
Gold Mountain 金山	Jade	overseas	documentary	In this documentary, lives and contributions of Chinese immigrants in the west of America in the 19th century, and the influence of the "Chinese Exclusion Act" during that period are told through the reenactment of stories based on the study of historical documents and archives.	Apr-May
Taste-Chinese Flavor 味道-中國豐味	Jade	overseas	documentary	This food documentary explores the unique tastes as well as the cultural values behind the cuisines in different places of China.	Apr-Jun
Border For Doctors 醫道無界	Jade	overseas	documentary	This programme documents the rarely known stories of the Chinese medical rescue team in Africa where people's lives are threatened by natural disasters, pandemics and hunger every day, highlighting the resilience of the team through the toughest times as well as the enormous contributions by the team.	May
Aerial China/ Aerial China (II)/ Aerial China (III) 航拍中國/ 航拍中國 第三季/ 航拍中國 第三季	Jade	overseas	documentary	Produced using drone technology and spanning 34 vastly different provinces and regions, the "Aerial China" series celebrate the history, culture and natural beauty of the country.	May-Nov

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Celebrities Craftsmanship 百心百匠	Jade	overseas	documentary	In this programme, craftsmen of different traditional Chinese arts and crafts are joined by a celebrity to explore and experience the cultural and social values behind each unique art form, as well as the importance of promoting and passing on the legacy of the indigenous handicraft skills.	May-Jul
Chinese Children 我是中國的孩子	Jade	overseas	documentary	This documentary tells the stories of Chinese children of different ethnicities. Following the daily lives of the children from 11 provinces in China, we experience the diverse customs of different cultures which shape the dreams of the children as they grow up.	Jun
Taste-In Memory of the Taste 味道-記憶中的年味	Jade	overseas	documentary	This documentary explores the traditions and customs of the biggest festival celebrated in China - Lunar New Year through the festive snacks and cuisines which not only satisfy the stomach but also carry special meanings of bringing people together.	Jul
New Face of China 中國之新	Jade	overseas	documentary	This programme records the news of current China covering a wide variety of interesting topics including innovative technology, sustainable architecture, modern arts and education, etc.	Jul
Fruits Legend 水果傳	Jade	overseas	documentary	Travelling around 15 countries across 50 cities, fruits of different sizes, colours, tastes from various origins are captured in this 6-part documentary in a vivid and vibrant fashion.	Jul
The Taste of Cantonese (II) 老廣的味道II	Jade	overseas	documentary	Why do Cantonese people all over the world miss the taste of their hometown? In the second installment of this sumptuous food documentary, unique food culture and unexpected food knowledge of the irresistable Cantonese cuisines are explored.	Jul-Aug

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Ji Zhu Xiang Chou (International Version) 記住鄉愁 國際版	Jade	overseas	documentary	The crew visited the villages and towns, small and big, in China to admire the sceneries and traditions of different places. The documentary is a key to understand the Chinese culture by immersing into the daily lives of the local people.	Jul-Aug
Seasons of China 四季中國	Jade	overseas	documentary	"Seasons of China" documents the ancient calendar created by the Chinese, in the form of 24 solar terms. Through 24 travels, we are shown how these solar terms carry the past wonders into the present and manage to shape the identity of Chinese people all around the world.	Aug-Oct
Tofu Legends 豆腐味道	Jade	overseas	documentary	By telling the ordinary stories of tofu makers, this documentary depicts the origins of various kinds of tofu as well as the creativity behind: Bagongshan tofu in Anhui, Hakka tofu in Guangdong, frozen tofu in the Wudang Mountains and stinky tofu in Huizhou, among many others.	Aug
30th Anniversary Of The Announcement Of The Basic Law 紐看基本法頒布30周年	Jade	station-produced	documentary	Year 2020 marks the 30th anniversary of the announcement of the Basic Law. This programme leads the audience to review the historical background of the Basic Law, as well as its drafting and implementation in the past 23 years in Hong Kong.	Aug
The Pillars of a Great Power (II) 大國重器 第三季	Jade	overseas	documentary	This eight-episode documentary showcases the great strides China has made in the equipment manufacturing industry. After the huge success of the first season in 2013, the second season centers on innovations of the industry and shares the story of front-line engineers and skilled workers.	Sep-Oct

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
The Shaw Prize Special 2020 邵逸夫獎2020	Jade	station-produced	documentary	The programme witnesses the efforts of today's award-winning scientists who make a significant contribution to the world in different aspects, including Astronomy, Biology, Mathematical Science etc.	Sep
China High Speed Railway 中國高鐵	Jade	overseas	documentary	This documentary tells the spectacular story of the high-speed cross-country rail system in China. It examines the planning, delivery mechanisms as well as the technological advancement that enabled the rapid construction of the high-speed rail system, highlighting the financial and economic sustainability of the investment in the national railway infrastructure.	Oct
Fly to the Moon 飛向月球	Jade	overseas	documentary	This scientific documentary centres around the magnificent journey and accomplishments of the "Chinese Lunar Exploration Program", specifically when Chang'e 4, a robotic spacecraft mission, made a soft landing on the far side of the Moon in 2019. It also explains the scientific principles in the exploration and highlights the aerospace innovation developed by the China team for the project over the years.	Oct
Forty Years Of Shenzhen SEZ 深圳特區40年	Jade	station-produced	documentary	To commemorate the 40th anniversary of the establishment of the Shenzhen Special Economic Zone, we take a look at the rapid transformation of this southern Chinese city from a fishing village to a modern metropolis, as well as the participation of Hong Kong's entrepreneurs in its infrastructure development, social institution reformation and human resources training. Dubbed as the pioneers of the "Great Bay Area Project", Shenzhen SEZ and Hong Kong join hands in striving for a prosperous future.	Oct

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
The Intelligent Ping An Financial Centre 中國創造—深圳智能大廈	Jade	overseas	documentary	As a landmark in Shenzhen, The Intelligent Ping An Financial Centre is a mega infrastructure of advance technology and high functionality. This programme examines its eco-friendly design concept and AI technology in creating this architectural miracle.	Nov
Hong Kong-Zhuhai- Macao Bridge 港珠澳大橋	Jade	overseas	documentary	This documentary shows how the Hong Kong-Zhuhai- Macao Bridge, the world's longest sea crossing tunnel-cum-bridge, was built from an international perspective, demonstrating the hard work, innovation and intelligence of about 50,000 construction workers, from chief engineers and designers, to grassroots workers, during their 14 years of labor.	
Abstract of Recalling the Special Life of Song Jin Dynasty 追尋宋金時代的別樣生活	Jade	overseas	documentary	Research and study based on the culinary system, urban planning, economic development, culture and entertainment of Kaifeng in the Northern Song Dynasty, are carried out to demonstrate the relationship between the Song and Jin civilization and also the development of world civilization at large.	Nov
The Festive Table 餐桌上的節日	Jade	overseas	documentary	Characteristic food enjoyed in traditional Chinese festivals like the Spring Festival, Ching Ming Festival, Dragon Boat Festival, etc carries not only great taste but also symbolic meanings that reflect the unique culture and values of the Chinese community.	Nov
Decoding Vaccine, Covid 19 疫苗解碼	Jade	station-produced	documentary	In the face of COVID-19, the development of vaccine seems to be the only way to tackle this global pandemic. In this programme, experts and professionals are interviewed to explain the development process and progress of vaccines as well as some basic knowledge of vaccines in general.	Nov

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Resist US Aid Korea and Protect the Homeland 抗美援朝保家衛國	Jade	overseas	documentary	This 20-part documentary is about the War to Resist US Aggression and Aid Korea, produced to commemorate the 70th anniversary of the Chinese People's Volunteer Army's participation in the war. The show makes a comprehensive review of China's active participation in the war, and explains the inside stories behind the decision-making by declassifying some valuable files and telegrams that have never been made public before. Witnesses involved in the war, experts at home and abroad were also interviewed, presenting in-depth analysis of the events of that time.	Nov-Dec
A Bite of China (III) 舌尖上的中國3	Jade	overseas	documentary	Following the success of the first two seasons in 2012 and 2014, A Bite of China (III) continues to delve into the rich culture and history surrounding Chinese cuisines. In addition to introducing audiences to a large variety of mouth-watering dishes from across the country, the documentary also pieces together a bigger picture of Chinese society by explaining the origins of these dishes and how they are made, the relationship between people and food and a bit of Chinese philosophy.	Nov-Dec
Chang'an Meets Rome 從長安到羅馬	Jade	overseas	documentary	More than 2,000 years ago, the ancient Silk Road brought together China and Italy, the two representatives of Eastern and Western civilizations. Audiences will go deep into Xi'an and Rome to learn about these two cities and their connection. Experts and scholars from China and Italy will provide insight into exchanges in economy and trade, culture, society, music, art and architecture, among other topics.	Dec

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Er Bao Lai Le 二寶來了	Jade	overseas	documentary	After the "One Child Policy" was lifted in 2016 in China, around 100 families welcome a second child every year, resulting in a lot of changes and challenges in various aspects such as the parent-child relationship with the first child, the less spacious living place, and even the relationship with the in-laws. This documentary follows 6 families from different cities to look at how they are coping with the new life with little one.	
The Feast of Insect 昆蟲的盛宴	Jade	overseas	documentary	This wildlife documentary takes a look at the way insects hunt or search for food as a means to illustrate the flow of the food chain in nature. It also explores the important role insects play in the eco-system and human's living environment, and also how human activities have been threatening their existence.	
Financial Review 2020 2020財經大事回顧	Jade	station-produced	documentary		Dec
China Review 2020 2020兩岸大事回顧	Jade	station-produced	documentary	This series of programmes review and round up the significant moments of the social, political and financial scenes in Hong Kong, the mainland	Dec
Hong Kong Review 2020 2020香港大事回顧	Jade	station-produced	documentary	China as well as around the world in the year of 2020.	Dec
World Review 2020 2020國際大事回顧	Jade	station-produced	documentary		Dec

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
The Incredible Hidden Gems (IV) 秘境·不思溢 4	TVB Finance & Information Channel	overseas	documentary	跟隨廖科溢的步伐·看盡緬甸最美的世界遺產地·同遊在美麗 綺想的奧地利多瑙河河畔·感受列支敦士登溫暖的悠閒下午。	Jan
Island Diaries with Sophie Fouron, The (III) 島嶼情懷 III	TVB Finance & Information Channel	overseas	documentary	每集島嶼情懷都會去不同的島嶼,今輯分別前往奧蘭、富國島、斐濟、薩摩亞、海地、台灣、聖安德烈斯島等,聽當地人介紹他們的島有何特色,從飲食、交通、文化和環境等方面,了解島民的日常生活。	Jan - Mar
Never Ends 溢遊未盡	TVB Finance & Information Channel	overseas	documentary	溢遊未盡新主張·全新「觀眾視角」的節目呈現方式·讓我們直接走進節目、收拾行囊·跟著金鐘主持人廖科溢一起奔向無限冒險·一起來段深度全覽的無限冒險旅程。	Apr - June
World's Greatest Islands 世界島嶼之最	TVB Finance & Information Channel	overseas	documentary	In this epic new 6 x 6 x 50min series we take our audience on a timeless journey around the planet, revealing the world's greatest cities, the world's greatest natural and man made wonders, the world's greatest animal encounters, the world's greatest journeys and adventures, and the world's greatest islands.	June - July
Fat Meat Addiction 食肉成癮	TVB Finance & Information Channel	overseas	documentary	追查南韓燒肉的來源·揭露商人如何推動吃燒肉的風氣。亦會 探討嗜吃肥豬肉·對不同地區居民的健康帶來的不同影響。	July
Sea on the Table 名廚海之選	TVB Finance & Information Channel	overseas	documentary	Cultural history of the sea food. Food culture is an integral field that examines the history of food, and the economic, environmental, and sociological impacts of food. Food history is considered distinct from the more traditional field of culinary history, which focuses on the origin and recreation of specific recipes. This program visits 5 countries and tastes the sea food and the fish markets, to know the cultural background.	July
The Eternal Farm Villages 農村的遠見	TVB Finance & Information Channel	overseas	documentary	《農村的遠見》系列紀錄片‧造訪了數個國家‧藉由這些國家的農村典範‧啟發觀眾對自己農村更多的想像‧並從這些心懷遠見的農民、居民的故事中‧看見農村持續發展的無限可能。	Aug

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
Shrinking Japan: Tackling a Worker Shortage 日本・要人	TVB Finance & Information Channel	overseas	documentary	2050年代·日本總人口可能會降到一億以下。如果是這樣的話 ·工作年齡人口將從高峰期開始下降3500萬·日本的人口金字 塔將變成"棺材形狀"。如何支撐日益減少的勞動力資源?了解 日本如何面對挑戰·可能是台灣最好的借鏡。	Sept
Forbidding No More 極境之旅	TVB Finance & Information Channel	overseas	documentary	伊朗、古巴、北朝鮮這些平時只會在新聞時段裡聽聞的國家, 是大部分人都沒機會去的地方。全新節目《極境之旅》首次踏 足這些國度,深入瞭解當地文化風情!	Sept - Dec
Land Unlimited 各國有「建」地	TVB Finance & Information Channel	overseas	documentary	到了2030年·新加坡將需要額外的5600公頃土地·來應付不斷增長的人口。節目探討各國如何拓展土地供應·包括發展地下和海上空間。新加坡要借鏡他國經驗·尋找出解決土地短缺問題的方法。	Dec
Masters of Chocolate 朱古力掌門人	TVB Finance & Information Channel	overseas	documentary	The Mayans and the Aztecs were the first to develop the use of cocoa, which they believed had divine virtues. Since those days, chocolate has reached the very highest levels of sophistication. We accompanied a group of craft chocolate artisans on their quest to find rare beans in plantations from the coast of Africa to Amazonian Peru, by way of Madagascar. Claudio Corallo, Pierre Marcolini and Stephane Bonnat will reveal some of the alchemical secrets that transform these beans, and translate their terroir into the finest chocolate.	Dec

Programme Title	Channel	Production Source	Format / Nature	Content / Objective	Broadcast Schedule
News Magazine 新聞透視	Jade	station-produced	informative	This programme selects weekly featured articles in Hong Kong and around the world, highlighting the topics of people's livelihood that are of most concern to the people of Hong Kong. Scholars and experts are also invited to explore the ins and outs of the future.	Jan-Dec
Finance Magazine 財經透視	Jade	station-produced	informative	This weekly programme covers up-to-date information and controversies in the economics, business and financial scenes of Hong Kong.	Jan-Dec
On the Record 講清講楚	Jade, TVB Finance & Information Channel	station-produced	informative	In the form of an interview, prominent figures from the political and economic sectors are invited each week to discuss and analyze the current social issues and policies.	Jan-Dec
A Closer Look 時事多面睇	TVB News	station-produced	informative	The Programme focuses on the discussion and analysis of current social issues covering Hong Kong, cross-Strait and international affairs.	Jan-Dec

Programme Title	Production	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
	Source				
Arthur (XX)-(XXI)	Overseas	4-8	Animation		Jun-Oct
Best Bugs Forever	Overseas	4-10	Animation		May-Jun
Bug Juice My Adventures at Camp	Overseas	8-12	Enrichment		Jan
Care Bears Unlock the Magic	Overseas	4-10	Animation		Jan, Jul-Aug
Cat in the Hat Knows a Lot About That!, The (III)	Overseas	4-10	Animation	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after	Jan-May, Oct-Nov
Chop Chop Ninja	Overseas	4-10	Animation	a long day at school but they can also stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Apr-May, Oct-Dec
Claude	Overseas	4-10	Animation		Jan
Cleo & Cuqin	Overseas	2-8	Animation		May-Jun
Dusty & Mop	Overseas	2-6	Muppets		Мау
Ella, Oscar & Hoo	Overseas	4-8	Animation		Nov

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Footy Pups (II)	Overseas	8-12	Enrichment		Jun-Jul
Furchester Hotel (III) & (IV), The	Overseas	3-8	Muppet Show		Aug-Sep
Giver (IV)	Overseas	6-12	Enrichment		Apr-Jun, Sep-Nov
Hardball	Overseas	8-12	Comedy	These are essentially entertainment programmes for	Mar-May
Hotel Transylvania (II)	Overseas	8-12	Animation	children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Jan-Jun, Dec
Jungle Bunch to the Rescue! (II)	Overseas	6-10	Animation		Aug-Dec
Justin Time (I)-(III)	Overseas	4-10	Animation		Jan-Mar, Nov-Dec
Kid-E-Cats (I)-(II)	Overseas	6-10	Animation		Jan-Mar
Kiva Can Do!	Overseas	6-10	Animation		Mar-Apr, Sep-Oct

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Little Lunch, Little Lunch Specials	Overseas	6-10	Comedy		Apr-Jul
Little Malabar	Overseas	6-10	Animation		Jan-May
Long Long Holiday, The	Overseas	8-12	Animation		Jun-Aug
MasterChef Junior (V)	Overseas	8-12	Enrichment		Мау
Mia and Me (III)	Overseas	8-12	Animation	These are essentially entertainment programmes for children. Not only do they	Oct-Nov
Miffy's Adventures Big and Small (I)-(III)	Overseas	4-8	Animation	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Oct-Dec
Mike the Knight (I)	Overseas	6-10	Animation		Oct-Dec
Molang (III), Molang (Specials)	Overseas	4-8	Animation		Jan-Mar, Dec
Monchhichi	Overseas	4-8	Animation		Aug-Dec
Moon and Me	Overseas	4-8	Enrichment		Jan-Feb, May-Jul

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Mouk (I) & (II)	Overseas	2-8	Animation		Jan-Dec
Nate is Late	Overseas	6-12	Animation		Jan-Apr
News of the Wild	Overseas	6-12	Infotainment		Jan-Sep, Dec
No-No, No-No Shrinks	Overseas	6-12	Animation		Apr-May
Our Family	Overseas	4-10	Enrichment		Jan-Sep
Paper Port (II)	Overseas	8-12	Animation	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the young mind. The stories are often	Mar-Apr
Peg + Cat (II)	Overseas	4-10	Animation	packed with edifying qualities which help reinforce the positive values of life.	Feb-Aug
Pirates Next Door, The	Overseas	8-12	Animation		Jan, Nov-Dec
Polly Pocket	Overseas	6-10	Animation		Sep-Oct
Rising Waters in Underwood Springs	Overseas	6-12	Animation		Мау

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Roger	Overseas	8-12	Animation		Jan-Mar, Jul-Dec
School of Roars	Overseas	3-6	Animation		Oct
Sesame Street (XLVIII)-(XLIX)	Overseas	3-6	Muppets with presenters		Feb-Apr, Sep-Nov
Skinner Boys (I)-(II), The	Overseas	6-10	Animation		Jan-Feb, Jun-Sep
Strange Chores, The	Overseas	6-10	Animation	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual imagination in the young mind. The stories are often packed with edifying qualities which help reinforce the positive	Jun
Super 4	Overseas	10-15	Animation	values of life. '	Dec
Teletubbies (II)	Overseas	3-8	Enrichment		Apr-May, Nov-Dec
Thomas & Friends (XX)-(XXI), (XXIII), Thomas and the Royal Engine (XXIV)	Overseas	3-8	Animation		Jan, Jun-Nov
True and the Rainbow Kingdom	Overseas	3-8	Animation		Jan-Feb, Aug-Sep

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Worst Witch, The (I)-(II)	Overseas	8-12	Comedy	These are essentially entertainment programmes for children. Not only do they provide relaxation to kids after a long day at school but they can also stimulate visual	Jun-Nov
Yeti Tales (III), Yeti Tales The Jazz Carnival of the Animals	Overseas	6-10	Enrichment	imagination in the young mind. The stories are often packed with edifying qualities which help reinforce the positive values of life.	Jul-Aug

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Animal Atlas (IX)	Overseas	10-16	Documentary	It is an entertaining and educational half-hour wildlife program shot exclusively in High Definition.	Jan-Mar
				 Introducing young viewers to every kind of animal imaginable, and all animals from the Americas, Africa, Asia, Australia, and everywhere in between 	
Art Ninja & Art Ninja (III), (V)	Overseas	10-16	Learning & Enrichment	The host makes mini masterpieces, dizzying DIY animations and, with the help of his mates creates jaw-dropping amped art in some peachy places.	Jan-Dec
				 Teenagers would be inspired to use paints, pens and pixels to create art pieces on their own Encourages creativity 	
Both Worlds (VI)-(VII)	Overseas	11-17	Enrichment	Both Worlds tells the stories of an exciting group of young people from migrant or refugee backgrounds Young people learn to tackle their fears through these inspiring stories	Mar-Jun, Sep-Nov
Deadly Dinosaurs with Steve Backshall	Overseas	11-17	Enrichment	Steve Backshall uses modern technology to test the incredible abilities of various dinosaurs. Each episode features several dinos that had something in common and Steve's adventurous tests	Apr-Jun, Dec
Do You Know? (III)-(IV)	Overseas	10-16	Enrichment	of their skills. Do You Know? features YouTube sensation, Maddie Moate, as she makes the leap from the Internet to TV in this series that answers some of the world's most quirky questions.	Jan-Dec
				Entertaining and educational	

Programme Title	Production Source	Age Target	Format / Nature	Content / Objective	Broadcast Schedule
Junior Vets & Junior Vets 2	Overseas	11-17	Enrichment	6 kids were trained to be a junior vet, they will help pets, farm animals and all sorts of unusual and exotic creatures Teenagers to learn responsibility and be independent	Jun-Nov
Making Child Prodigies	Overseas	11-17	Enrichment	Follows five talented children from Australia to see what does it take to be a child prodigy	Mar-Apr, Nov-Dec
				Entertaining and educational	
Real Life 101	Overseas	11-17	Enrichment	Introduces real people doing real jobs that you might not know even existed	Jan, Dec
				Entertaining and educational	
When I Grow Up	Overseas	11-17	Enrichment	When I Grow Up! is the creation of Mikaela, who is on a quest to determine what she wants to be when she grows up.	Jan-Mar, Jun-Sep
				Creates a window into the future and will stoke an interest in both STEM concepts and the professional world.	